
Participant Description

■ About the CEDIS Program

The Coaching for Enhanced Disease Intervention Skills (CEDIS) program supports skills building for the disease intervention workforce in four key areas: interviewing, rapport-building, problem-solving, and cultural humility. The program matches experienced disease intervention staff, specifically Disease Intervention Specialists or DIS, to current DIS for an 8-week coaching program. Virtual one-on-one coaching sessions are held weekly and include experiential training (e.g., case studies, exercises, role-playing), discussion, and guidance related to the four focus areas. CEDIS focuses on the interrelated “soft” skills essential for effective disease intervention work. The program is intended to supplement routine onboarding and training for current DIS.

More information available at jsi.com/cedis.

■ About Being a CEDIS Program Participant

The program focuses on newer DIS, defined as those newer to their disease intervention role who have completed all or the majority of the onboarding and training required to be actively involved in DIS work. The participant’s supervisor and/or health department program manager also has an active role to play in the program, including nominating DIS to participate, making sure they have the necessary time to participate, and completing program satisfaction surveys.

Participants complete a self-assessment and goal setting activity with their coach at the beginning of the program. Coaches support participants by asking questions to help guide participants to their own solutions and completing practice exercises that help build skills in the four focus areas. CEDIS coaches do not provide performance feedback or career counseling.

Discussions between the coach and participant are completed in confidence; details are not shared with the participants’ supervisors. Upon completion of the program, a general summary of the coaching experience is shared with the participants’ supervisor.

Health departments may nominate up to five (5) DIS to participate in the program, per cohort. The program is cohort-based. Cohorts occur throughout the year.

■ Participant Eligibility

All state, local, tribal, and territorial health departments are eligible and encouraged to nominate newer DIS to participate in the CEDIS program. Newer DIS are defined as those newer to their disease intervention role who have completed all or the majority of the onboarding and training required to be actively involved in DIS work.

The program is open to health department staff and contractors.

■ Health Department Expectations

Health departments must demonstrate a commitment to having the nominated staff participate in the program. This includes:

- Identifying a point of contact (typically the participant's supervisor) with whom the CEDIS Participant Coordinator will directly communicate on all matters related to this program.
- Ensuring participants engage with their assigned coach for the duration of the 8-week coaching period.
- Ensuring participants have access to appropriate technology for virtual meetings with their coach.
- Completing program evaluation surveys.

■ DIS Participant Expectations

Participants meet weekly with their assigned coach via virtual one-on-one sessions. Participants are expected to:

- Be interested in improving their skills in interviewing, rapport-building, problem-solving, and cultural humility.
- Commit to weekly coaching sessions and complete activities between sessions, as determined with their coach.
- Bring challenging disease intervention scenarios they are encountering to their coach, who will support the participant through experiential training techniques, such as role-playing and case studies, and provide actionable guidance and feedback.
- Complete program evaluation surveys.

■ How to Apply

Health departments must complete the online CEDIS Program Participant Application. Up to five (5) DIS can be nominated using the same form, and health departments may nominate up to five (5) DIS per cohort. Find the application and information about enrollment periods and deadlines at jsi.com/cedis.

For questions, email CEDIS@jsi.com.

